## STRATEGIC POLICY AND RESOURCES COMMITTEE



Subject:		Motion – Suicide Awareness Training				
Date:		21st August, 2020				
Reporting Officer:		John Walsh, City Solicitor/Director of Legal and Civic Services				
Contact Officer:		Jim Hanna, Senior Democratic Services Officer				
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Restricted Reports						
Is this	report restricted?		Yes		No	X
If Yes, when will the report become unrestricted?						
	After Committe	e Decision				
	After Council D	Pecision				
	Sometime in th	e future				
Never						
Call-in						
Is the decision eligible for C		Call-in?	Yes	X	No	
1.0	Purpose of Report/Summary of Main Issues					
1.1	To consider a motion	on on a Suicide Awareness Training, which was referred to the Committee				
	by the Council at its	s meeting on 1 <sup>st</sup> July				
2.0	Recommendation					
2.1	The Committee is r	equested to:				
	Consider th	e motion and if the proposal is agreed a report on how this would be				
	facilitated, re	esourced and managed will be brought back.				
3.0	Main Report					
3.1	At the Council mee	ting on 1 <sup>st</sup> July, the following motion was propo	sed b	y Cour	ncillor	M. Kelly
	and seconded by C					
	"This Council recognises the Covid-19 pandemic will exacerbate the current mental health crisis in our City.					

The Council previously agreed to work with others to make Belfast a Zero Suicide City to include challenging the taboos of mental health and suicide and ensuring that there is adequate training and resources for all the citizens so that Belfast can react positively to assist those in need.

All of us need to be aware of the signs and understand the questions to ask someone we are worried about and what help they can get. Therefore, Council agrees:

- That Training in mental health and suicide intervention is crucial; therefore Council will investigate resourcing further SafeTALK and Mental Health First Aid training programmes for staff.
- 2. To appoint mental health champions in each Council Department in to act as a point of contact for an employee who is experiencing a mental health issue or emotional distress, helping the person get appropriate help, and also provide early intervention for someone who may be developing a mental health issue.
- 3. As a practical first step, to encourage Councillors and staff to undertake a short, free online course in Suicide Awareness training (developed by Mersey Care Foundation Trust and widely used across the NI Health and Social Care Trusts) – this teaches people how to recognise the warning signs and safeguard someone who could be contemplating suicide, talking openly to them and then directing them to appropriate services."
- In accordance with Standing Order 13(f), the motion was referred without debate to the Strategic Policy and Resources Committee.

## Financial and Resource Implications

None associated with this report.

## **Equality or Good Relations Implications/Rural Needs Assessment**

None

3.3

## 4.0 Appendices - Documents Attached

None